

# HADO Numerical Value Change that the Prayer Brings into the Body

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**Abstract:** We investigated what kind of effect the prayer brings into an own body from the standpoint of HADO (wave motion). Investigation content is to inspect effect of the prayer from HADO numerical value that we measured before and after the prayer from 61 men and women, who participated in a ceremony of “Symphony of Peace Prayers” which “Byakko Shinko Kai” held to send energy of the prayer for world peace to the world.

As a result, we confirmed that HADO numerical value of HADO cords (“happiness”, “stress”, “parasympathetic nerve”, and “brain”) related to mental stability had improved greatly regardless of men and women. And moreover, overall, in almost all HADO codes except the above-mentioned, we similarly confirmed that there were some improvements in HADO numerical value though there was individual difference of measurement results. And only the code of “sympathetic nerve” in the measurement result became results that differ in men and the women. We concluded that the prayer leads men to a mental condition of “parasympathetic nerve” predominance, and harmonizes the mental balance of the woman at the position that is higher than daily life.

## Introduction

The experiment was conducted in the ceremony of “Symphony of Peace Prayers” held in the Fuji Sanctuary of “Byakko Shinko Kai” located at the west foot of Mt. Fuji on the Asagiri Plateau on May 20, 2007. This ceremony was held transcending all differences in culture and religious backgrounds to send energy of the prayer for world peace from Fuji Sanctuary to all parts of the world. At present, the unified view about an objective and quantitative assessment of the influence that the prayer brings into an own body is not attained yet. Therefore, we objectively evaluated the effect that the prayer brings into an own body from the standpoint of HADO.

## Experiment method

- 1) Subject: 61 men and women (31 men and 30 women) of 20 – 60 generations that “Byakko Shinko Kai” selected beforehand.
- 2) Theme of the prayer: world peace
- 3) Form of the prayer : The form which based on each religion, denomination and group.
- 4) Method: The experiment measured HADO numerical value before and after each subject's prayer sequentially. And we investigated whether a unified difference between the measured results before and after the prayer had appeared. However, the interval to the measurement results before and after

- prayer was different by each subject. Because time of the prayer and many circumstances were different by each subject.
- 5) Measured HADO code: “vital energy”, “kidney”, “pancreas”, “bowel”, “heart”, “lung”, “liver”, “stomach”, “immune function”, “brain”, “stress”, “happiness”, “sympathetic nerve”, and “parasympathetic nerve”.
  - 6) Measurer of HADO numerical value: Six HADO operators.

### Result

An attached sheet shows the HADO numerical value of all HADO codes measured before and after the prayer. A result of the prayer for wish for world peace, we confirmed that HADO numerical value of HADO codes (in descending order, “happiness”, “stress”, “parasympathetic nerve”, and “brain”) related to mental stability improved average around +1 regardless of men and women. (Table 1)

The statistical t-test admits an improvement of these HADO numerical values is significant difference of 1% significance level. ( 1) And moreover, overall, in almost HADO code except the above-mentioned, we similarly confirmed that there were some improvements in HADO numerical value though there was an individual difference of the result. And only the code of “sympathetic nerve” in the measurement result became results that differ in men and the women. Therefore, we investigated the difference between a man and woman from the difference of HADO numerical value average obtained before and after the prayer. (Table2, Table3) In the case of men, the difference of HADO numerical value of “sympathetic nerve” and “parasympathetic nerve” was small before the prayer, and autonomic nerve harmonized. But HADO numerical value of “parasympathetic nerve” after prayer improved greatly, and we confirmed that men became the nervous system balance of “parasympathetic nerve” predominance. In the case of women, as for the mind balance before the prayer, HADO numerical value of “sympathetic nerve” was more dominant than the numerical value of the “parasympathetic nerve”, and HADO numerical value of “sympathetic nerve” and “parasympathetic nerve” improve together after the prayer. Furthermore the difference of HADO numerical value between “sympathetic nerve” and “parasympathetic nerve” disappeared. As a result, we confirmed that the prayer harmonizes the balance condition of two nervous systems of women.

### Discussion

We examined what kind of effect an own body had received by praying for a wish of the world peace from the standpoint of HADO. As a result, we confirmed the prayer had improved HADO numerical value of the HADO codes (“happiness”, “stress”, “parasympathetic nerve”, and “brain”) related to mental stability. In addition, overall, in almost HADO codes except the above-mentioned, we confirmed that there were some improvements similarly in the numerical value though there was an individual difference of the result. These results proved

that the prayer has a good effect on mind and body. As a result, it is thought that the sense of unity of mind and body was obtained. However, some subjects had the case where the improvement of the HADO numerical value was not obtained after the prayer. As this cause, it is thought that weather and physical condition change influenced the body of a subject when a subject gives the prayer. In addition, the prayer leads men to a mental condition of “parasympathetic nerve” predominance, and it is foreseen that peace and calmness of mind is brought. And the prayer harmonizes the mental balance of women at the position that is higher than daily life, and it is foreseen that the balance of mind and body is brought. From the above-mentioned discussion, it turned out that the prayer had improved HADO numerical value related to mental stability regardless of men and women.

1: t-test is a statistical method that examines whether there is a difference significant between two data. The significance level is an index to express the irrefragability of obtained result, and the reliability of the result rises as the significance level becomes small.

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Table 1: Mean value of difference of wave motion numerical value measured

	HADO cord		Average of difference
(woman)	Mean value of	(man)	Average of difference
vital energy	+0.87	+0.70	+0.79
kidney	+0.32	+0.30	+0.31
pancreas	+0.52	+0.23	+0.37
bowel	+0.55	+0.53	+0.54
heart	+0.61	+0.33	+0.47
lung	+0.48	+0.13	+0.31
liver	+0.97	+0.60	+0.78
stomach	+0.42	+0.20	+0.31
immune function	+0.87	+0.37	+0.62
brain	+1.10	+1.20	+1.15
stress	+1.48	+1.70	+1.59
happiness	+1.81	+1.70	+1.75
sympathetic nerve	-0.03	+0.33	+0.15
parasympathetic nerve	+1.10	+1.56	+1.33

The plus of the average of the difference shows that HADO numerical value improved after the prayer.

The minus of the average of the difference shows that HADO numerical value improved after the prayer.

Table 2: Mean value of HADO numerical value before and after man's prayer

Man	:Before the prayer	:After the prayer	-
: sympathetic nerve	+5.64	+5.61	-0.03
: parasympathetic nerve	+5.70	+6.80	+1.10
	-0.06	-1.19	-1.13

Table 3: Mean value of HADO numerical value before and after woman's prayer

Woman	:Before the prayer	:After the prayer	-
: sympathetic nerve	+5.83	+6.16	+0.33
: parasympathetic nerve	+4.70	+6.26	+1.56
	+1.13	-0.10	-1.23